



四川省官方指定旅游形象店
SICHUAN TOURISM ADMINISTRATION OFFICIAL REPRESENTATIVE OFFICE

8D JIUZHAIGOU & HAILUOGOU TOUR

8天 绝代双沟 水样の九寨沟・冰样の海螺沟

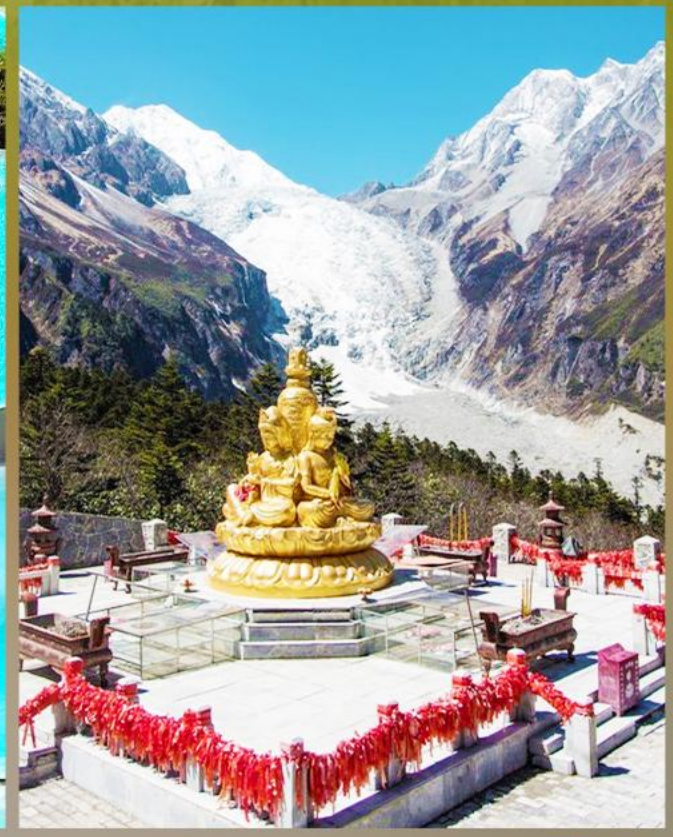


经典独家



JUN-AIR EXCLUSIVE

1. 绝代双沟—九寨沟+海螺沟：独家线路
2. 童话世界九寨沟：世界自然遗产
3. 人间瑶池黄龙：钙华彩池震撼川西
4. 绵九高速东进西出：不走回头路
5. 世界遗产都江堰：感受千年水利奇迹
6. 贡嘎山下冰川：近观海螺沟冰川奇观
7. 震撼自然景观：大冰瀑布+日照金山
8. 冰川温泉体验：悬崖温泉酒店尊享泡汤
9. 熊猫乐园打卡：欣赏憨态可掬的熊猫
10. 特色美食：藏式迎宾宴+熊猫宴+羌族风味
11. 升级2+1 VIP保姆车：宽敞舒适
12. 优选国际品牌+当地5星酒店



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经典独家呈现

惊世骇俗·美景连环，惊世杰作·神造四川

由四川省旅游局、甘孜州旅游局所推荐的国际品牌线路，四川旅游形象店，独家呈现“绝代双沟の水样九寨沟+冰样海螺沟”。

醉美四川の花吻我心-春天的童话开始上演

3月桃花劫 4月郁金香节 5月牡丹节 6月杜鹃开红杜鹃峡 7、8月开满鲜花的草原。



★【海螺沟】世界最大、最温暖的森林冰川有世界最壮丽的现代冰川、世界最雄伟的大冰瀑布、世界最神奇的雪域温泉、最独特的康巴藏族风情、最绚丽的日照金山、最神秘的贡嘎山主峰。雪山与温泉相拥，森林与冰川共存，雪吻蓝天的圣地。

Hailuoguo The world's largest and warmest forest glacier has the world's most magnificent modern glacier, the world's most majestic ice waterfalls, the world's most magical snowy hot springs, the most unique Tibetan flavor of the Kham, the most gorgeous sunlit golden mountains, the most mysterious Gongga Mountain peak. Snowy mountains and hot springs embrace each other, forests and glaciers coexist, and snow kisses the holy land of the blue sky.

★【九寨沟】世界自然遗产，以高山湖泊群、瀑布、彩林、雪峰、蓝冰和藏族风情并称“九寨沟六绝”，被世人誉为“童话世界”，号称“水景之王”。

Jiuzhaigou a World Natural Heritage Site, is known for its alpine lakes, waterfalls, colorful forests, snow-capped peaks, blue ice, and Tibetan customs, and is known as "Jiuzhaigou's Six Perfections," and has been hailed by the world as a "Fairytale World," and as the "King of Waterscape! "The king of water scenery.

提升超5★InterContinental 成都环球洲际天堂酒店

Upgrade Super 5★ InterContinental Chengdu InterContinental Paradise Worldwide

九寨沟温德姆酒店

Upgrade 5★ Wyndham Hotel Jiuzhaigou

● 九寨沟 JIUZHAIGOU VALLEY

九寨沟风景区 Jiuzhaigou Scenic Area

黄龙风景区 Huanglong Scenic Area

藏羌歌舞晚会 Tibetan and Qiang Song and Dance Party

藏式迎宾宴 Tibetan-Style Welcome Banquet

平武报恩寺 Baon Temple, Pingwu

绵九高速 Mianjiu Expressway

● 海螺沟 HAILUOGOU

大冰瀑布 Great Ice Waterfall

红石滩 Red Stone Beach

日照金山 Sunlit Golden Peaks

雪域温泉 Snowland Hot Springs

● 都江堰 DUJIANGYAN

都江堰熊猫乐园 Dujiangyan Panda Park

熊猫小吃宴 Panda Snack Banquet

都江堰文化博物馆 Dujiangyan Cultural Museum

● 成都 CHENGDU

宽窄巷子 Wide and Narrow Alleys

磨西古镇 Moxi Ancient Town

天主教堂 Catholic Church

春熙路步行街 Chunxi Road Pedestrian Street

爬墙熊猫雕塑 Climbing Panda Sculpture

IFS太古里 IFS Taikoo Li

东郊记忆 Eastern Suburb Memory

D1 新加坡 - 成都

宿: 成都·安兰顿国际酒店或同级5★

- 今天齐集樟宜国际机场，搭乘飞机前往蓉城---成都。晚班机抵达，由专业导游接机送往酒店休息。若早班机抵达，前往网红打卡【东郊记忆】自由活动。

D2 成都 - 九寨沟(绵九高速)

餐: 早/午/晚 宿: 九寨沟·温德姆酒店或同级5★

- **游览绵九高速/平武报恩寺/品尝藏式迎宾宴：**早餐后，乘车前往九寨沟，感受【绵九高速5H】风光是连接四川绵阳与九寨沟的重要交通动脉，是川西北地区通往九寨沟景区的核心快速通道。中途游览【平武报恩寺】始建于明代，是中国保存最为完整的明代宫殿式古建筑群之一，被誉为“深山故宫”。整座寺庙依山而建，布局严谨，气势恢宏。寺内殿宇层层递进，斗拱精巧，彩绘华丽，木结构建筑保存完好，充分展现了明代高超的建筑技艺与佛教文化艺术价值。晚餐品尝【藏式迎宾宴】以藏族特色美食为主，如牦牛肉、青稞食品、酥油茶等，搭配原生态歌舞表演与祝酒仪式，气氛热烈而庄重。（保证自费项目）

D3 九寨沟风景区

餐: 早/午/晚 宿: 九寨沟·温德姆酒店或同级5★

- **游览九寨沟风景区（含门票+环保车）/九寨沟藏羌歌舞晚会：**早餐后，游览【九寨沟风景区】（含环保公共车非包车，如若要包车请客人自费）。九寨沟有“童话世界”、“人间仙境”之誉。九寨沟的湖泊，瀑布，雪山和原始森林，美景相映，组合成神妙、奇幻、幽美的自然风光，显现“自然的美、美的自然”。九寨沟因沟内遍布九个藏族村寨而得名。有惊世骇俗之美的九寨沟以“流滩”、“飞瀑”、“翠海”、“彩林”、“藏情”号称人间仙境。素有“黄山归来不看山，九寨归来不看水”之说水可以说是九寨沟的灵魂。九寨沟的高峰、彩林、翠海、叠瀑和藏族风情被成为“天下五绝”。九寨沟的著名景点主要分布在日则沟，则渣蛙沟和树正沟，其中火花海，五彩池，珍珠滩，芦苇海，长海，镜海树正瀑布，诺日朗瀑布等风景致非常优美，独绝天下。晚餐后欣赏【九寨沟藏羌歌舞晚会】是一场集中展示藏族与羌族传统文化艺术的民族风情演出，是游客走进九寨沟夜生活的重要体验项目。（保证自费项目）

D4 九寨沟 - 黄龙风景区 - 都江堰

餐: 早/午/晚 宿: 都江堰·JO&JOE酒店或同级5★

- **游览传统藏寨/黄龙风景区（含门票）：**早餐后，游览【传统藏寨】在藏寨内，可近距离感受藏族群众的日常生活，了解藏族服饰、宗教信仰、饮食文化与手工艺传统。继续游览【黄龙风景区】（不含缆车）其是一个景观奇特，资源丰富，保存完好，具有重要科学价值和美学价值的世界自然文化遗产地。它以彩池、雪山、峡谷、森林“四绝”著称于世。壮观地表钙化流蜿蜒于原始林海，酷似一条金色巨龙，腾游天地，故名黄龙。若5至10月由于天气原因，若不能前往黄龙风景区游览，将更改为【牟尼沟·扎嘎瀑布】。（牟尼沟风景区内山、林、洞、海等相应成辉，林木遍野，大小海子可与九寨彩池比美，钙化池瀑布可与黄龙“瑶池”争辉）。之后抵达都江堰入住酒店休息。

D5

都江堰熊猫乐园 - 熊猫故乡/雅安

餐: 早/午/晚 宿: 雅安·智选酒店或同级5★

● **游览都江堰熊猫乐园/品尝熊猫小吃宴/都江堰文化博物馆:** 早餐后, 前往游览【**都江堰熊猫乐园**】园区依山而建, 环境清幽, 竹林环绕, 为大熊猫营造了接近自然的生活空间。游客可观赏成年熊猫悠然进食、幼年熊猫嬉戏打闹的可爱场景, 同时通过科普展区了解大熊猫的生活习性、繁育保护及生态保护知识。(保证自费项目) 午餐品尝【**熊猫小吃宴**】是融合四川地方风味与熊猫文化创意元素打造的主题特色餐宴。以“国宝熊猫”为设计灵感, 将传统川味小吃巧妙塑造成熊猫造型, 既萌趣可爱, 又富有地方特色。参观【**都江堰文化博物馆**】了解川渝文化。后乘车抵达雅安“雨城”它是四川省历史文化名城和新兴的旅游城, 素有“川西咽喉”“民族走廊”“熊猫故乡”之称。

D6

雅安 - 海螺沟冰川森林公园

餐: 早/午/晚 宿: 海螺沟·贡嘎悬崖温泉酒店或同级5★

● **游览海螺沟风景区 (含门票+观光车) /体验冰川温泉泡汤:** 早餐后, 前往游览【**海螺沟**】是亚洲最东低海拔现代冰川发现地, 是中国至今发现的最高大冰瀑布。沟内蕴藏有大流量沸热温冷矿泉, 大面积原始森林和特高的冰蚀山峰, 大量的珍稀动植物资源, 金山、银山交相辉映, 蔚为壮观。**海螺沟五绝: ①日照金山。②冰川倾泻 ③雪谷温泉 ④原始森林 ⑤康巴藏族风情。**进入中国国家级风景名胜区—贡嘎山海螺沟冰川森林公园, 海螺沟景区融现代冰川, 原始森林及温泉于一体, 构成了特有的低海拔低纬度的现代冰川奇景。海螺沟冰川【**大冰瀑布**】举世无双的大冰瀑布, 高达1000多米, 宽约1100米, 比著名的黄果树瀑布大出十余倍, 瑰丽非凡。海螺沟是亚洲最东低海拔现代冰川发现地, 海拔2850米。其大冰瀑布高1080米, 宽0.5米—1100米, 是中国至今发现的最高大冰瀑布。冰川伸入原始森林达6公里, 形成冰川与森林共存的奇绝景观。海螺沟冰川活动性最强, 在冰川的运动中, 形成晶莹如翡翠、水晶的冰川弧拱、冰洞、冰阶梯、冰门、冰湖、冰峰。沟内蕴藏有大流量沸热温冷矿泉, 大面积原始森林和高的冰蚀山峰, 大量的珍稀动植物资源, 金、银山交相辉映, 蔚为壮观。可自费乘坐缆车上四号营地观看冰川, 可见冰川舌, 伸入原始森林达6公里, 形成冰川与森林共存的奇绝景观。

(可根据天气、个人身体状况自费选择搭乘缆车上4号营地) 晚餐后享用【**冰川温泉泡汤**】解除疲劳。

D7

海螺沟 - 磨西古镇 - 成都

餐: 早/午/晚 宿: 成都·环球中心天堂洲际大饭店或同级5★

● **游览摩西古镇/天主教堂/宽窄巷子/春熙路步行街 /IFS太古里/爬墙熊猫雕塑:** 早餐后, 游览【**磨西古镇**】

● 是红军长征途中一个重镇, 也是当地少数民族的聚居地。共有13个少数民族聚居其中, 不同服饰和语言的人们共同生活形成磨西镇最独特的风景线。【**天主教堂**】在磨西中式建筑的小巷深处有一座天主教堂, 它的存在给小镇增添了别样的韵味。这座教堂最先出自浪漫的法国传教士之手, 但在建筑风格上, 它又融入了中国西南部地区传统意义上的庙宇的样式。之后返回成都, 游览【**宽窄巷子**】是八旗官兵及家属居住的区域。这里保留了大量清末民初风格的四合院建筑, 青砖灰瓦、木门花窗, 呈现出典型的川西民居特色。整体风格古朴典雅, 中西结合, 是成都“慢生活”的代表空间。后漫步【**春熙路步行街**】位于成都市锦江区, 是成都最繁华、最具代表性的商业街区之一, 被誉为“西南第一商业街”。始建于1924年, 距今已有百年历史, 是集购物、美食、娱乐、休闲于一体的城市核心商圈。游览【**IFS太古里**】采用开放式、低密度的街区设计, 将传统川西建筑风格与现代商业空间相融合, 营造出舒适的步行体验; 其中, 成都IFS外墙上著名的“**爬墙熊猫**”雕塑已成为春熙路的标志性景观和热门打卡地标。

D8

成都-新加坡

餐: 早

● 早餐后, 若搭乘早班机, 至送机时间前往**成都天府国际机场**, 带着满满的回忆与不舍的心情搭乘班机返回新加坡, 温暖的家!!!

● 若搭乘晚班机, 全天自由活动, 充分感受成都休闲的生活氛围... 至送机时间前往**成都天府国际机场**, 带着满满的回忆与不舍的心情搭乘班机返回新加坡, 温暖的家!!!

①客人可以搭乘酒店内地铁1号线30分钟抵达成都天府广场下, 可以自行在成都市区内自由购物。

②客人可全天在成都环球中心天堂洲际酒店, 尊享酒店设施。

【**成都环球中心天堂洲际大饭店**】坐落于全球较大单体建筑新世纪环球中心内, 这座以“飞行之海鸥、漂浮之鲸、起伏之海浪”的建筑形态, 融合成都休闲旅游城市的概念, 成为成都的新名片。酒店拥有九百余间豪华客房及套房, 每间客房皆有独特的海景观景阳台, 将细砂海岸线及室内沙滩的天堂岛海洋乐园揽入怀中, 沿海岸风情小镇, 栈桥码头, 无边界汤池, 及150米室内LED屏等, 壮丽的海天景象一览无余。迷人的地中海风情建筑与别具一格的海洋主题浑然一体, 更有世界一流美食。

备注:

保证自费 (600RMB) 人人参加:
九寨沟羌寨歌舞晚会 + 都江堰熊猫乐园 + 藏式迎宾宴

团费不含: 小费 (30 人民币*8天=240人民币/人);
不含签证费、不含个人旅游保险。

Tips

D1 Singapore - Chengdu

HTL: Anlandon International Hotel or similar 5★

- Today, gather at **Changi International Airport** and take a flight to **Chengdu**. For evening arrivals, a professional guide will meet you at the airport and transfer you to the hotel for rest. If arriving on a morning flight, head to the popular **Eastern Suburb Memory** for free activities and sightseeing.

D2 Chengdu - Jiuzhaigou (MianJiu Expressway)

Meal: B/L/D HTL: Wyndham Grand Plaza Royale Jiuzhaigou Hotel or similar 5★

- **Tour of Mian-Jiu Expressway / Baon Temple / Tibetan-Style Welcome Banquet:** After breakfast, drive along the **Mian-Jiu Expressway 5H** to **Jiuzhaigou**, enjoying the scenic route connecting Mianyang and Jiuzhaigou. En route, visit **Baon Temple in Pingwu**, a well-preserved Ming dynasty palace-style complex known as the "Mountain Forbidden City," featuring grand symmetrical layouts, exquisite wooden structures, and colorful decorations. In the evening, enjoy a **Tibetan-Style Welcome Banquet**, featuring yak meat, barley dishes, butter tea, and accompanied by traditional song, dance, and ceremonial toasts.

D3 Jiuzhaigou Valley Scenic Area

Meal: B/L/D HTL: Wyndham Grand Plaza Royale Jiuzhaigou Hotel or similar 5★

- **Tour of Jiuzhaigou Scenic Area (Including Tickets & Shuttle) / Tibetan-Qiang Cultural Performance:** After breakfast, visit the **Jiuzhaigou Scenic Area** (tickets and public eco-shuttle included; private car at your own expense). Known as a "fairylane" and "paradise on earth," Jiuzhaigou features stunning lakes, waterfalls, snow-capped peaks, and pristine forests. Named after the nine Tibetan villages in the valley, its highlights include **Hua Huahai, Five-Color Pool, Pearl Shoal, Reed Lake, Long Lake, Mirror Lake, Shuzheng Waterfall, and Nuorilang Waterfall**. The scenery—peaks, colorful forests, crystal lakes, waterfalls, and Tibetan culture—is called the "Five Wonders of the World." In the evening, enjoy the **Tibetan-Qiang Song and Dance Performance**, vividly showcasing the rich traditional culture, music, and dance of the local ethnic groups.

D4 Jiuzhaigou - Huanglong - Dujiangyan

Meal: B/L/D HTL: Jo&Joe Chengdu Dujiangyan Hotel or similar 5★

- **Tour of Traditional Tibetan Village / Huanglong Scenic Area (Including Tickets):** After breakfast, visit a **Traditional Tibetan Village** to experience daily life, Tibetan clothing, religious customs, cuisine, and handicrafts. Then continue to the **Huanglong Scenic Area** (cable car not included), a UNESCO World Natural and Cultural Heritage site famous for its colorful pools, snow-capped peaks, canyons, and forests. Its winding calcified formations resemble a golden dragon, giving the area its name. From May to October, if weather prevents access to Huanglong, the itinerary will be replaced with **Muni Valley & Zhaga Waterfall**, which features forests, lakes, and waterfalls comparable to Jiuzhaigou and Huanglong. Afterwards, transfer to **Dujiangyan** for hotel check-in and rest.

D5 Dujiangyan - Ya'an

Meal: B/L/D HTL: Holiday Inn Express Ya'an Hotel or similar 5★

- **Tour of Dujiangyan Panda Park / Panda-Themed Snack Feast / Dujiangyan Cultural Museum:** After breakfast, visit **Dujiangyan Panda Park**, nestled in the mountains and surrounded by bamboo, providing a near-natural habitat for giant pandas. Watch adult pandas feed and playful cubs at leisure, and learn about panda behavior, breeding, and conservation in the educational exhibits. For lunch, enjoy a **Panda-Themed Snack Feast**, featuring Sichuan snacks creatively shaped like pandas, combining local flavors with cultural fun. Then visit the **Dujiangyan Cultural Museum** to explore Sichuan-Chongqing culture. Afterwards, transfer to **Ya'an**, known as "Rain City," a historic cultural town and emerging tourist destination in Sichuan, also called the "Throat of Western Sichuan," "Ethnic Corridor," "Lungs of Tianfu," and "Hometown of Pandas."

D6 Ya'an - Hailuoguo Glacier Forest Park

Meal: B/L/D HTL: Gongga cliff Hot Spring Hotel or similar 5★

- **Tour of Hailuoguo Scenic Area (Including Tickets & Sightseeing Shuttle) / Glacier Hot Springs Experience:** After breakfast, visit

- **Hailuogou**, located in the eastern part of the Tibetan Plateau. Hailuogou is famous as Asia's easternmost low-altitude modern glacier and is home to China's tallest icefall, reaching over **1,080m high** and up to **1,100m** wide, far surpassing even the famous Huangguoshu Waterfall in scale and grandeur. The valley is also rich in natural hot springs, pristine forests, rare wildlife, and spectacular glacial peaks. Visitors will experience a unique combination of glaciers, forests, and hot springs, creating a breathtaking low-altitude glacier landscape. The Hailuogou area is renowned for its **"Five Wonders"**: 1. **Sunlit Golden Peaks** – mountains glowing in the morning sun. 2. **Cascading Glaciers** – glaciers flowing down into the valleys. 3. **Snow Valley Hot Springs** – natural mineral hot springs. 4. **Original Forests** – dense, untouched forests. 5. **Kham Tibetan Culture** – unique local Tibetan traditions and lifestyle. Within **Hailuogou Glacier Forest Park**, glaciers stretch up to **6km into the forest**, forming an extraordinary glacier-forest coexistence. The glacier is highly active, creating **emerald-like ice arches, crystal ice caves, ice steps, ice gates, ice lakes, and glacial peaks**, a rare and dramatic natural spectacle. Visitors can choose to take an optional cable car up to **Camp 4** to see the glacier tongue up close and enjoy panoramic views of the surrounding forest and peaks. After exploring the glaciers and natural landscapes, unwind in the evening with a **glacier hot springs experience**, soaking in the warm, mineral-rich waters to relax tired muscles and reflect on the day's unforgettable scenery. Majestic glaciers, lush forests, and soothing hot springs make Hailuogou a highlight of any Sichuan trip.

D7

Hailuogou - Chengdu
Meal: B/L/D Htl: Intercontinental Hotels Chengdu Global Center or similar 5★

- **Tour of Moxi Ancient Town / Catholic Church / Wide and Narrow Alleys / Chunxi Road / IFS Taikoo Li / Climbing Panda Sculpture:** After breakfast, visit **Moxi Ancient Town**, a historic town on the Red Army's Long March route and home to 13 ethnic minorities, creating a unique cultural landscape. Explore the **Catholic Church**,

built by French missionaries with local southwestern Chinese architectural influences. Return to Chengdu to stroll through **Wide and Narrow Alleys**, a preserved Qing-era residential area showcasing classic Sichuan-style courtyards and architecture. Then walk along **Chunxi Road Pedestrian Street**, the bustling commercial heart of Chengdu, and explore **IFS Taikoo Li**, an open-style shopping district blending traditional architecture with modern design, featuring the famous **Climbing Panda Sculpture** on the IFS exterior, a popular city landmark and photo spot.

D8

Chengdu - Singapore
Meal: B

- After breakfast, for those taking an **early flight**, transfer to Chengdu Tianfu International Airport in time for departure. Board your flight back to Singapore, carrying wonderful memories and heartfelt farewells, returning to the warmth of home!
- **For those taking a late flight, enjoy a full day of free activities to experience Chengdu's leisurely lifestyle.** At the designated time, transfer to **Chengdu Tianfu International Airport** for your flight back to **Singapore**, carrying wonderful memories and heartfelt farewells.

Guests have two options:

1. Take the hotel's **Metro Line 1** (about 30 minutes) to Tianfu Square for free shopping in Chengdu city.
2. Stay at the **InterContinental Chengdu Global Center**, enjoying its world-class facilities. **InterContinental Chengdu Global Center** is inside the New Century Global Center, one of the world's largest buildings. The hotel features 900+ rooms with sea-view balconies, indoor beaches, infinity pools, and a 150-meter LED screen, all in a stunning Mediterranean ocean-themed design with world-class dining.

Remarks :

Compulsory tour **600RMB:**
Jiuzhaigou Qiang Village Song & Dance Performance
+ Dujiangyan Panda Park + Tibetan-Style Welcome Banquet
Tipping: 30 RMB X 8days = **\$240 RMB/Pax**
(Visa application fee not included)

Tips:



海螺沟贡嘎翔云悬崖温泉酒店 (赠1N温泉)
Gongga Cliff Hot Spring Hotel



成都环球中心天堂洲际大酒店



九寨沟时运温德姆至尊豪庭大酒店
Wyndham Grand Plaza Royale Jiuzhaigou Hotel



Intercontinental Hotels Chengdu Global Center



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1. In the case of not reducing the number of attractions, we have the right to adjust the itinerary and live in the same level of the hotel. 2. In case of human force irresistible factors, such as weather causes (flowers delayed or early) landslides, roadblocks, vehicle breakdowns, local government behavior caused by delays in the trip, or cannot complete the above attractions, the responsibility is not in the travel agency, the travel agency is not liable for compensation, the resulting cost overruns by the tourists at their own expense. 3. If there is any discrepancy between the itinerary and the cover, please refer to the final confirmation of the local ground receiving. If there is any discrepancy between the Chinese and English itineraries, please refer to the Chinese itinerary. 4. In the process of traveling, if shopping, please check the quality of the items by yourself, the company is not responsible for this. 5. The triple rooms in hotels all over China, of which extra beds are only provided are folding extra beds.